

Comment of Ava Kar, a guest author to *Regards de femmes*

Merci beaucoup. J'ai reçu *Regards de femmes*... I admire your effort to advance the inner integration of masculine and feminine in human beings, to promote the idea of androgyny in the sense that both men and women are capable of the whole range of emotions and of spiritual aspirations good or bad, like power for instance. (...) What a complex work it must have been to pull all the parts together for the book. It is attractively produced and I feel honoured that Ava Kar's haiku was chosen to 'head' the section *Les Passages de la vie*... Encore une fois, merci...
Namaste, Anna VAKAR (Ava KAR), Oliver, B.-C.